Principal's Letter

Each year Musica Viva provide us with our wonderful music teacher Karen. This is her 11th year working with the children of Furlong Park. I'm excited to announce that this year we will be holding our annual music concert online on Friday 11 December at 7pm. The music concert will be filmed next week then edited and available for all of us to watch together. This is a great opportunity to see the musical skills of our students and something they should be incredibly proud of. If you haven't already, please go onto Compass and give permission for your child to be involved in the filming of this event. I'm really looking forward to this event and I hope you can book it in your diaries now!

Warm regards,

Lee Bullock Principal

Do you know these signs?

- · 'Health & Wellbeing'
- 'Seesaw & Technology'
- 'Learning at home and school'
- · 'School Holidays'
- · 'General everyday signs'
- · 'Opposite words'
- 'Medical related'
- 'People related signs'
- 'Places'
- 'Celebrations'
- · 'Time-related'
- 'Animals'
- 'Phrases related to animals'

Term Dates 2020

Term 4 - 5 October - 18 December

Upcoming Events 2020

Wednesday 11 November – Student Support Group meetings via WebEx (Room 4)

Monday 9 November – Sunday 15 November – National Recycling Week

Wednesday 2 December – Student Support Group meetings via WebEx (Rooms 2, 3, 6 & 7)

Friday 11 December – Music concert @ home 7pm
Thursday 17 December – End of Year Party – finish at 2pm
Friday 18 December – Clean-up day

Room 4 news

We have loved having Yeshi join our classroom over the past couple of weeks. Yeshi is deaf and from Bhutan, a small country in Asia. He is training in Melbourne to become a Teacher of the Deaf. When he finishes his Master of Education and returns to Bhutan, he will be the only teacher of the deaf in his country. What an honour and a well needed staff member for his school. We were delighted to have him with us this term as he worked with the students and staff in Room 4. We have been learning about his culture, his country and his school in the high mountains. He has been teaching us about Buddhism and the 8 symbols of its core. We have made our own projects on our understanding of these concepts and were delighted to accept a banner from Yeshi to hang in our room as a reminder of the fun times we have had. Good luck Yeshi!







Introducing our new hens, Luna & Chocolate

We are very excited to announce the names of two new members in our school. All staff and students participated in voting for the names of our hens. Each classroom had chosen two potential names. The names from each classroom were then collated for everyone at Furlong Park School to vote on. The two most popular names were Luna and Chocolate. We are all very excited with the new names and to see how many eggs they will lay this year.

Music Concert

We are preparing for our annual Music Concert which will be filmed at school next week!

The dress code will be all black. Please bring in a complete plain black outfit that includes shirt, pants, dress or skirt. Shoes and socks are not required. Please ensure that the clothing items do not have any patterns or labels on them. Please bring outfit to school by **Thursday 12 November.**





This is a COVIDSafe school

This school has a COVIDSafe Plan to maintain the safety of all staff and students during Term 4.

The four pillars of the COVIDSafe Plan are:







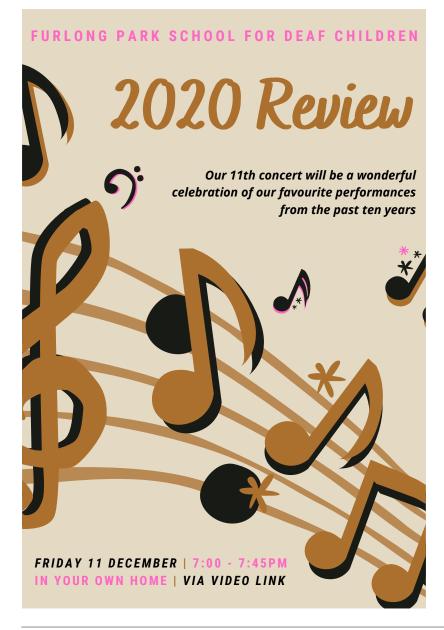


The available evidence suggests that the risk to staff and students remains low when recommended health and safety strategies are followed and that schools do not pose a greater risk of infection than other locations.

For detailed information visit: www.coronavirus.vic.gov.au







Teacher's Day

On Friday 30 October we celebrated all of the wonderful work our teachers do to support our students in their learning and making their experience at school enjoyable. The students surprised our teachers with a fresh rose and cards with appreciation notes and drawings.

























Are you preparing to apply for NDIS?

Deaf Children Australia has organised free information sessions via Zoom to assist with applying for NDIS. They'll take away the uncertainty in knowing what services you can access and receive and avoid ending up with a plan that is under funded.

You can join the waiting list for upcoming information sessions via the link as follows:

Preparing Your NDIS Plan



WE GOT YOU

Thursdays, 5 November to 24 December 4-5.30pm

Providing mentoring to young people to help them stay engaged in their learning and future goals. Mentees and their mentors meet in group sessions or 1:1 online. Register for the link. Email MariamaD@brimbank.vic.gov.au



NAIDOC WEEK (8-15 November) Endangered Fauna of Brimbank: Habitats Art Packs

Learn about endangered native animals of Brimbank by creating your own diorama habitat by artist Jo Mott. Register for your own Diorama kit. Call 9249 4555 or email FernandaL@brimbank.vic.gov.au

Parent Info Session on Children's Mental Health Tuesdays, 10 November to 1 December 7-8.30pm

Giving parents tools to support their kids' mental health. Register to get more info on the sessions and get the link. Email FernandaL@brimbank.vic.gov.au

TALANOA TONGAN STORYTIME

Wednesdays, 11 November to 16 December 10.30-11.30am



An interactive storytelling program to meet and play with other kids and families, while learning the language and culture. Delivered via Zoom. Register for the link. Email MariamaD@brimbank.vic.gov.au

Kids DIY T-Shirt Tote Sunday 22 November 1-2pm

Celebrate the Garage Sale trail by giving your pre-loved t-shirt a second chance in life! Join Aisha on Zoom to learn how to turn your preloved t-shirt into your favourite Summer tote bag. No sewing required. Listen to stories on upcycling and second hand clothing as you create. For bookings and Zoom link, email FernandaL@brimbank.vic.gov.au

TERM 4 BRIMBANK CITY COUNCIL NEIGHBOURHOOD HOUSES



ZINE MAKING (9-12 years) Saturdays, 14 November to 12 December 1-2.30pm

Join local artist Aïsha Trambas to learn about zines (small DIY books). Over 5 weeks, you'll make your own 10-page A5 zine, and experiment with different painting, drawing, collage and hand sewing techniques. Register for the link.

Email MaryQ@brimbank.vic.gov.au



Wednesdays, 11 November to 2 December

Take time out for mindfulness and yoga with Aimee to support healthy bodies and happy minds. Go to YouTube and search for the bccneighbourhood houses channel.





Family and Kids Activities





PRESCHOOLERS MUSIC SESSIONS

Tuesdays, 10 November to 15 December 10-10.30am

Live, online interactive music sessions with educator Bree from B Minor. Enjoy a great musical experience while practicing basic skills. Register for the link.

Email TriciaDC@brimbank.vic.gov.au

NAMASTE FAMILY YOGA

Mondays, Wednesdays, Thursdays and Saturdays until 30 November

Re-connect as a family through yoga. Practice poses, breathing techniques and mindfulness exercises. Suitable for all ages. To join, go to https://www.namasteyogis.com.au/registration or visit our Facebook page for a clickable link.



Quick guide to supporting students with disability Resources for parents and carers

Schools are working with students and families to ensure educational, wellbeing and engagement supports are in place, so that students are connected with learning and engaged in a positive transition into 2021.

Working with your child's school

To make sure there is a current plan for understanding and meeting your child's needs:

- Participate in a <u>Student Support Group (SSG)</u> meeting.
- Talk to your child's teacher about updating their <u>individual education plan</u> to guide their learning.
- Share current information about your child's needs (such as assessments and medical reports).

Students with complex health needs

If your child has complex health needs:

- Seek advice from their medical practitioner to support decision-making about on-site education.
- Work with your child's school to make sure their <u>Student Health Support Plan</u> is up to date.

Health and safety actions

Schools are taking actions to ensure safe teaching and learning environments for staff and students, see: <u>Health</u> and safety advice for all Victorian schools.

National Disability Insurance Scheme (NDIS)

If your child is an NDIS participant, you may be able to arrange additional disability supports. You can also request new or increased support coordination to help organise your child's NDIS Supports.

- Advice for Victoria contains NDIS information for participants including what support is available.
- Parents and carers can access <u>NDIS frequently asked</u> <u>questions</u> for parents and carers of children.
- NDIA has produced <u>information for Victorian families</u> and carers of school aged participants.

For more information you can contact your child's NDIS <u>Local Area Coordinator</u> or the NDIS on 1800 800 110.

If your child is not an NDIS participant you can test their eligibility by contacting <u>Local Area Coordinator</u>, the NDIS on 1800 800 110 or visit: <u>Am I eligible</u>.

School transitions

Schools continue to provide learning and education experiences at students' point of need. This is a focus as children and young people participate in school transitions into next year.

- Some parents and carers may be worried that their child may have to repeat a year due to the disruptions of coronavirus (COVID-19). There is little evidence to support the benefits of repeating a year. Instead, schools will use teaching strategies that draw on the best evidence available to help students meet their learning needs and support them to move through year levels with their peers.
- All children starting Prep in 2021 will have developed a range of skills and abilities that form the basis for further learning.
- Year 6 students will be supported to finish this school year strong, with the confidence to move to secondary schooling in 2021.
- Students in their final year of school will be supported by their school, family and community who will work together to transition them to employment or other options in 2021.

Tips to support your child's health and wellbeing

Advice, tips and resources available for parents and carers to support their child's mental and physical health and wellbeing. It covers a range of topics including:

- Managing screen time and online safety
- Looking after your child's wellbeing
- Looking after your child's mental health
- · Physical activity and healthy eating
- Taking care of yourself
- Wellbeing activities for parents of primary school students
- Wellbeing activities for parents of secondary students

Talking to your child about coronavirus (COVID-19)

<u>Advice</u> on having a safe and reassuring conversation about coronavirus (COVID-19), available in a range of community languages.

Other supports

The <u>Association for Children with a Disability</u> and <u>Amaze</u> are providing information and support for families during coronavirus (COVID-19).



Parent Information Session on Children's Mental Health

Children and young people have had mixed experiences during the pandemic. In this four week series of information sessions, parents, caregivers and community leaders will receive the tools to support their child's mental health and wellbeing.

Our Facilitator:

Rubie Nhongo is a qualified and practicing counsellor and youth worker with extensive experience on the education, family violence, youth, homelessness and mental health sectors for a four week. Rubie's passion to look after the best interests of young people has resulted in life changing impacts and breaking the stigma associated with seeking counselling support.



Week 1: T	uesday 1	O Nove	mber	7-8.30pm
Promoting	g Mental	Health	in chil	dren

How to know if something is going on and building resilience

Week 3: Tuesday 24 November 7-8.30pm

Dealing with bullying and cyber safety

Responding to bullying, understanding risks online, social media and grooming

Week 2: Tuesday 17 November 7-8.30pm Understanding stressors and developmental stage

Statistics on mental health, exploring the developmental stage, stressors, risks and causes

Week 4: Tuesday 1 December 7-8.30pm Getting help

Self-help interventions, how parents/families can support and supports for parents

Bookings required:

Sessions via Zoom. To register email FernandaL@brimbank.vic.gov.au or call 9249 4555

